



**Viscount Beaumont's PE overview 2025-2026 YEAR A**

<b>Term</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
EYFS	<p><b>PE Coach</b> Introduction to PE: Unit 1 (6 weeks) Fundamentals Unit 1 – 2 lessons. <b>Teacher</b> Introduction to PE – Unit 2 ( 6 lessons)</p>	<p><b>PE Coach</b> Fundamentals Unit 1 – lessons 3-4 Ball Skills: Unit 1 (6 lessons) <b>Teacher</b> Ball Skills Unit 2 (6 lessons)</p>	<p><b>PE Coach</b> Gymnastics: Unit 1 – 6 lessons - <b>Teacher:</b> Fundamentals Unit 1</p>	<p><b>PE Coach</b> Dance Unit 1 – 6 lessons <b>Teacher</b> Dance Unit 2</p>	<p><b>PE Coach</b> Games Unit 1 – 6 lessons <b>Teacher</b> Games Unit 2 – 6 lessons</p>	<p>PE Coach Athletics (prepare for Sports day) <b>Teacher</b> Fundamentals Unit 2 (also prep for sports day)</p>
Year 1/2	<p><b>PE Coach</b> Fundamentals (6 lessons) Unit 1 – Year 1 Fitness – 2 lessons Unit 1 <b>Teacher</b> Fundamentals (6 lessons) Unit 2 – Year 1 Fitness Unit 2 – 2 lessons</p>	<p><b>PE Coach</b> Fitness Lessons 3-4 Ball Skills Unit 1 – Year 1 (6 lessons) <b>Teacher</b> Fitness lessons 3-4 Ball Skills Unit 1 – Year 2</p>	<p><b>PE Coach</b> Gymnastics Year 1 Unit 1 (6 lessons) <b>Teacher</b> Dance Year 1 Unit 1 (6 lessons)</p>	<p><b>PE Coach</b> Invasion Games Year 1 Unit 1 (if wet day Yoga Year 1, Unit 1) <b>Teacher</b> Invasion Games Year 2 Unit 1 (If wet day- Yoga Year 2, Unit 1)</p>	<p><b>PE Coach</b> Sending and Receiving Year 1 Unit 1 <b>Teacher</b> Net and Wall Games Year 1 Unit 1</p>	<p><b>PE Coach</b> Striking and Fielding Games Year 1 Unit 1 <b>Teacher</b> Athletics (prepare for sports day) OR Team building Year 1, Unit 1</p>
Year 3/4	<p><b>PE Coach</b> Ball Skills (6 Lessons) Unit 1 – Year 3 <b>Teacher</b> Tag Rugby- 6 lessons Year 3  Fitness (2 lessons – Year 3)</p>	<p><b>PE Coach</b> Dodgeball Unit 1 – Year 3 <b>Teacher</b> Fitness Year 3 (2 lessons)  Basketball – Year 3 – 6 lessons</p>	<p><b>PE Coach</b> Gymnastics year 3 <b>Teacher</b> Hockey – 6 lessons (add in competition at the end with scores for school games mark.) (OAA if wet – need 4 benches)</p>	<p><b>PE Coach</b> Handball – year 3 plan <b>Teacher</b> Football – year 3 plan</p>	<p><b>PE Coach</b> Netball – Year 3 plan <b>Teacher</b> Cricket – Year 3 plan</p>	<p><b>PE Coach</b> Fundamentals Unit 1, Year 4 – 2 lessons Athletics Remainder of term - Year 3 plan.  <b>Teacher</b> Swimming</p>
Year 5/6	<p><b>PE Coach</b> Football – Year 5 (6 weeks) <b>Teacher</b> Tag Rugby- 6 lessons Year 5  Fitness (2 weeks – Year 5 plan)</p>	<p><b>PE Coach</b> Dodgeball Unit 1 – year 5 <b>Teacher</b> Fitness 2 lessons – Year 5 plan. Basketball – Year 5 – 6 lessons</p>	<p><b>PE Coach</b> Gymnastics Unit 1 Year 5 <b>Teacher</b> Hockey Year 5 (6 lessons) Add in competition at the end with Scores (for School Games Mark) (OAA if wet)</p>	<p><b>PE Coach</b> Handball – Year 5 plan <b>Teacher</b> Rounders Year 5 plan (6 lessons) Competition at the end of the set, for School Games Mark-Score sheet needed.</p>	<p><b>PE Coach</b> Netball – Year 5 plan <b>Teacher</b> Cricket – Year 5 plan (6 lessons)</p>	<p><b>PE Coach</b> Athletics – Year 5 (6 lessons) <b>Teacher</b> Swimming Alternative Sport event.</p>