

Safer Internet



SMART Safety Rules

In order to be as safe as possible when using devices connected to the internet, it's important to make sure to follow some SMART rules.

S is for Safe.

Keep your own and other people's information safe. Don't share information such as your name, age, where you live or where you go to school. Only your safe adults should know your passwords. Look out for information that might be given away in photos too.

M is for Meet.

Be careful of people you talk to or meet online, even if they say they're also a child. If they ask to meet you online or in person, or ask for photos, you should tell a trusted adult straight away.

R is for Reliable.

Unfortunately, not everything you see or read online is reliable. Some things are untrue or fake.

When looking for information, it's best to check this in a few places first to see if it is true. You can ask an adult for help too.

T is for Tell.

If something online, on a computer, a game, or video makes you feel scared, sad, unsure or worried, you should tell a trusted adult, straight away. You can also press the 'Report' button if there is one.

for more information on Internet safety
please search [BBC Bitesize Internet Safety](#)

