



Approved
Instructor
Network

Laura Sharpe

Has achieved the required standards of competence in:

Paediatric First Aid

Certificate Issue Date: 23/05/2024

HSE recommended updates 12 & 24 months from the issue date

Certificate Valid for Three Years from Issue Date

Certificate Reference: 60699e984fd83a8d61f6d2be46ca595d / 767527

Tracey Dangerfield

on behalf of the Directors of Be Empowered

Benjamin Goodman

a Licenced Instructor of the SkillBase First Aid Network

This course has been delivered following currently accepted first aid practice. If this certificate is being used to comply with the Health and Safety (First Aid) Regulations 1981.

It is the employer's responsibility to ensure that the contents align with their assessment of first aid needs.



**SkillBaseTM
First Aid**

The SkillBase First AidTM Approved Instructor Network is an international group of independent and workplace First Aid Instructors.

Courses are delivered under licence of Be Empowered Ltd. SkillBase First AidTM is a registered trademark.



What's covered on your course

Learning Hours	18	12	6	6	7	7	12	6	4	2.5	3	12	2
	First Aid at Work	First Aid at Work Requalification	Emergency First Aid	Emergency First Aid at Schools	Emergency First Aid for Pharmacists	Emergency First Aid for Professional Drivers	Paediatric First Aid	Emergency Paediatric First Aid	Foundation First Aid	Basic Life Support	Action for Anaphylaxis	Activity First Aid	Forestry First Aid (FF Additional Upskilling)
Emergency Plan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Getting Help Effectively	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Adult Basic Life Support (CPR)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Baby & Child Basic Life Support (CPR)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Baby & Child CPR (Further Modifications)				✓			✓	✓		✓	✓		
Hygiene	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Head, Neck & Back Injuries	✓	✓	✓		✓	✓	✓					✓	
Breathing Problems	✓	✓					✓					✓	
Choking Adult	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Choking Baby & Child	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Using a Defib (AED)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Asthma	✓	✓		✓	✓		✓	✓				✓	
Panic Attack	✓	✓			✓		✓					✓	
Drowning	✓	✓					✓					✓	
Smoke / Fume Inhalation	✓	✓					✓					✓	
Anaphylaxis & Using an AAI (Epipen)	✓	✓		✓	✓		✓	✓			✓	✓	
Unconsciousness & Seizures	✓	✓	✓	✓	✓	✓	✓	✓				✓	
Recovery Position	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	
Multiple Casualty Incidents	✓												
Heart Attacks & Angina	✓	✓			✓	✓						✓	
Shock & Fainting	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	
Hypovolemic Shock	✓	✓				✓	✓					✓	✓
Electric Shock	✓	✓			✓		✓					✓	
Minor Wounds	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓
Major Wounds & Amputations	✓	✓										✓	✓
Catastrophic Bleeding													✓
Internal Bleeding	✓												
Crushing Injuries	✓	✓										✓	✓
Burns	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	
Bones, Muscles & Joints	✓	✓	✓	✓	✓	✓	✓	✓				✓	
Concussion & Compression	✓	✓			✓	✓	✓					✓	
Strokes	✓	✓											
Minor & Major Seizures	✓	✓					✓					✓	
Febrile Convulsions							✓						
Sudden Poisoning	✓	✓			✓		✓					✓	
Sepsis	✓	✓					✓						
Meningitis	✓	✓					✓						
Diabetes	✓	✓			✓		✓						
Effects of Temperature	✓	✓					✓					✓	✓
First Aid Kits	✓	✓	✓	✓	✓		✓	✓				✓	
Accident Reporting	✓	✓	✓	✓	✓	✓	✓	✓				✓	
Croup & Sickle Cell							✓						
Insect Stings & Bites	✓	✓					✓					✓	✓
Snake, Spider, Tick Bites & Lyme Disease													✓